

# Communion

*Psalm 91 (90): 4*

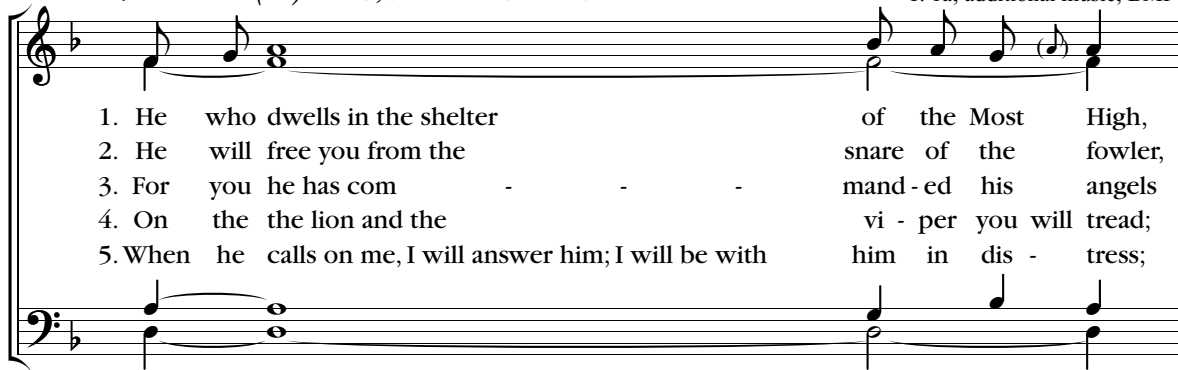
Based partly on T. 1a



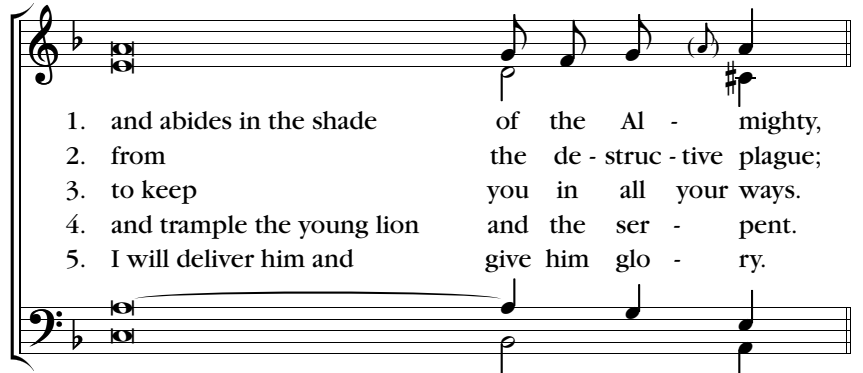
Up-on his shoul-ders the Lord will shield you, and un-der his wings you will find ref - uge.

*Psalm 91 (90): 1-2, 3, 5, 11-12, 13-14, 15-16.*

T. 1a; additional music, BMP

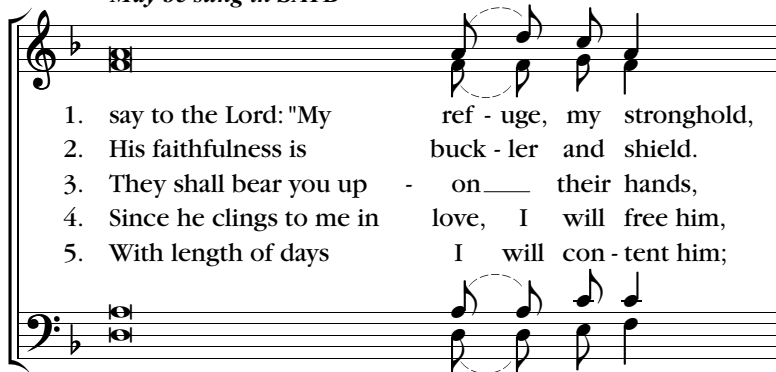


1. He who dwells in the shelter of the Most High,  
 2. He will free you from the snare of the fowler,  
 3. For you he has com - - - - - mand - ed his angels  
 4. On the the lion and the vi - per you will tread;  
 5. When he calls on me, I will answer him; I will be with him in dis - tress;



1. and abides in the shade of the Al - mighty,  
 2. from the de - struc - tive plague;  
 3. to keep you in all your ways.  
 4. and trample the young lion and the ser - pent.  
 5. I will deliver him and give him glo - ry.

*May be sung in SATB*



1. say to the Lord: "My ref - uge, my stronghold,  
 2. His faithfulness is buck - ler and shield.  
 3. They shall bear you up - on - - their hands,  
 4. Since he clings to me in love, I will free him,  
 5. With length of days I will con - tent him;

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1. my God in whom I trust!"   
2. You will not fear the ter - ror of the night.   
3. lest you strike your foot a - gainst the stone.   
4. protect him, for he knows my name.   
5. I will show him my sa - ving pow'r. 

Text: (V) *Abbey Psalms and Canticles*, Monks of Conception Abbey, © 2010, 2018 USCCB.

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